Shoofni

(Israel)

Shoofni, meaning "watch me," is a dance choreographed by Israel Yakovee to music by Naomi Amrani and Adani.

Pronunciation:

Cassette:	Israel Yakovee '94	4/4 meter
Formation:	Lines, face ctr, hands held in V-pos.	

Cts   Pattern

INTRODUCTION

PART I

Cts	
1-4	Step on L to L; hold; step on R across L; hold.
5-8	Yemenite L; hold..
9-12	Step-together-step to R side (R,L,R,hold).
13-14	Step on L across R; step back on R in place.
15-28	Repeat cts 1-14.
29-30	Step on L to L; hold.
31-32	Rock fwd onto R; step back on L and pivot 1/2 turn to R to face away from ctr.
33-34	Step fwd on R; hold.
35-36	Rock fwd onto L; step back on R next to L.
37-72	Repeat cts 1-36, beginning with back to ctr. End facing ctr.

INTERLUDE I

Face ctr.

Cts	
1-2	Step back on L; hold.
3-4	Step on R to R; step on L across R.
5-8	Repeat cts 3-4 two more times.
9-12	Jump onto both ft; bounce on R, raising L leg; double-time Backward Yemenite L.

PART II

Face ctr, hands free.

Cts	
1-2	Rock fwd onto R; step back on L and pivot 1/2 turning to R (CW) to face away from ctr.
3-4	Step-together-step fwd (R,L,R,hold), back to ctr, moving out.
5-8	Repeat cts 1-4 with opp ftwk and direction.
9-10	Rock fwd onto R; step back on L.
11-12	Lift R; step fwd onto R.
13-14	Step fwd on L, clap hands, then pivot 1/4 turning to L (CCW) to face CW (R shldr to ctr).
15-16	Step on R to R side (to ctr); hold.
17-20	Yemenite L.
21-22	Sway R, L.

Shoof-ni—continued

23-25	Moving away from ctr, step on R across L; step on L to L, step on R across L.
26-28	Sway onto L to L; pivot R (CW) to face ctr; step fwd on R; step fwd on L.
29-54	Repeat cts 1-28.

INTERLUDE II

Face ctr, join hands in V-pos.

1-8	Yemenite R, Yemenite L.
9-12	Facing CCW, step-together-step fwd R, L, R.
13-16	Still facing CCW, step fwd L, R, L, R (on last step, turn 1/4 CCW (L) to face ctr to begin dance again).

Note: On the third time through the dance, after Part II, repeat Interlude I, cts 9-12, then repeat Part II, cts 1-2 *one time* through and continue to Interlude II to end the dance.

Presented by Israel Yakovee